

Yala Peak Climbing - 15 Days

Yala Peak Climbing is one of the most popular trekking peaks in the Langtang valley in the north-central part of Nepal. It is just a 5500m peaks which is the best option for new climbers and a great opportunity for acclimatization for the high mountains expedition.

A journey to Yala Peak Climbing begins with the day's walk to Yala Peak Base Camp via the Langtang valley. From the top of the peak, we can witness eye-catching sceneries of the several mountains of the Langtang region along with Shisapangma (8027m).

A journey to Yala Peak climbing is the perfect introduction to Himalayan peak climbing; a safe way to get an authentic alpine peak experience, even for novice climbers. All travelers having well physical fitness can safely summit this peak.

The final scramble to the summit is fairly straightforward and only an additional 700 meters. Yala Peak, the smallest of all the trekking peaks in Nepal, can be done in the shortest time, while still at a pace to allow proper acclimatization. Being the trekking peak, Yala peak is moderately difficult, and you need no technical gear or technical ability to conquer this peak.

Trekkers will move through the rocks but we do not need technical gear and equipment such ice axe, harness, or helmet for completing the journey. Although it depends on the time of the air and the weather atmosphere to summit any peaks in Nepal and almost every Himalayan land, climbing Yala Peak is much easier than other technical peaks such as Island Peak and Ama Dablam. It is similar to Tent Peak Climbing.

The journey to Yala Peak Climbing begins with an 8 to 9 hours drive to Syabrubensi (1505m) from Kathmandu (1338m) through the windy roads on the banks of mighty rivers. From Syabrubensi, we begin our trek and gradually enter the Langtang valley passing the several green hills, several ethnic Tamang settlements, large yak pastures, sub-tropical forests with panoramic views of the high mountain massifs that are indulged in the Langtang mountain ranges and others.

As we climb higher into the Langtang Valley the forests grow thinner and the valley widens. Approaching Langtang Village (3300m), on the second day, there are great views of Langtang Lirung (7246m), Lenpo Gang (7083m), Dorje Lakpa (6990m), and even the mighty Shishapangma (8013m) which is Tibet's only 8000+ meter mountains. Continuing the journey, on the 4th day of our trek, we reach Kyanjin Gumpa (3970m), where we can see the Buddhist shrine (monastery). Along the way, we can see a lot of chortens, mane walls, prayer flags, alleys, and prayer wheels.

Spending an extra night at Kyanjin Gumpa, we ascend to Langshisa glacier or Kyanjin Ri (4350m) to get more mesmerizing sceneries of the mountains, valleys, glacial lands, and more.

Now, we walk to Yala Peak Base Camp (4800m) following the easy and almost straightforward trail with magnificent scenarios of the surroundings. From just above base camp we can see the rocky south face of Yala Peak and the Yala

Glacier on the southwest face.

From the base camp, we make our final ascent to the Yala summit which is more challenging than the previous day's walk. Following every step of our climbing experts, we make our final push to Yala Peak.

The trail moves upward to rocky ridges, and then drops and finally ascends steeply on boulders. There is a flat area before the final 40m of vertical snow/rock cliff leading to the narrow summit ridge.

Upon reaching there, we celebrate our achievement, we attach our new prayer flags, to the summit pole which are covered with flags from the previous climbers.

The mountain views from the summit are just amazing from where we can have magnificent views of the Langtang Lirung to the west. Yansa Tsenji (6500m), a mountain on the Nepal-Tibet border, Shishapangma in Tibet, Morimoto Peak (6750m), and Langshisa Ri (6800m) to the east. By the time we start our careful descent to Kyanjin Gumpa, the Yala Glacier will be groaning in the heat of the sun.

Enjoying the moments, we descend to Base Camp and further to Kyanjin Gumpa. Then, we follow the same route of ascent and trek back to Langtang valley and further to Syabrubensi to finish the trek and we drive back to Kathmandu to complete the entire adventure.



PRICE INCLUDES

Transportation

- Private vehicle for transfers as per in itinerary; airport pickup & drop, sightseeing
- Private vehicle for Kathmandu to and from Syabrubensi with all the taxes

Food and Accommodation

- Three nights' accommodation in Kathmandu in a 3-star category hotel
- Ten nights' accommodation in the best available local lodge/teahouse throughout the trek
- One night in the tents while climbing the peak (in the Yala Kharka Base Camp)
- All standard meals (Breakfast, Lunch, and Dinner) during the trek and climb
- Available seasonal fruits throughout the trek and climb
- Breakfast at a hotel in Kathmandu
- Farewell Dinner in Kathmandu

Staff

- A Government licensed English-speaking trekking guide including wages, meals, insurance, lodging, transportation, and other necessary gear & equipment.
- For more than six trekkers, one assistant guide includes wages, meals, insurance, lodging, transportation, and other necessary gear & equipment.
- A Government licensed English-speaking climbing guide including wages, meals, insurance, lodging, transportation, and other necessary gear & equipment.
- A porter for two trekkers/ climbers including wages, meals, insurance, lodging, transportation, and other necessary gear & equipment
- A Government licensed English-speaking tour guide for the Sightseeing Program at Kathmandu
- Permits and Tariffs
- Langtang National Park Entry Permit
- Trekkers' Information Management System (TIMS) card
- Yala Peak Climbing Permit
- All other government, local taxes, and official expenses

Additional

- A Gortex (100% Waterproof) duffle bag to keep your personal belongings to be carried by the porter
- Assistance in arranging rescue operations in case of complicated health conditions (funded by travel insurance)
- Yala Peak Climbing map
- Outward Adventure t-shirt
- Outward Adventure Appreciation Medal after the successful climb



Address: Boudha, 06 Kathmandu Nepal
Tel: +977-9842802155, +977-9844956319
E-Mail: info@outwardadventuretreks.com
www.outwardadventuretreks.com

- A first aid medicine bag in each group (carried by the trekking/climbing leader)

PRICE EXCLUDES

- International Flight Cost
- Nepal Entry Visa Fees
- Extra night accommodation in Kathmandu due to early arrival or late departure, or early return from the climb
- Personal expenses such as alcoholic drinks, shopping, snacks, boiled bottled water, hot (Tea/ Coffee) and cold drinks, hot showers, alcohol, Wi-Fi, telephone call, battery recharge fee, extra porters, etc.
- Additional costs suffered due to causes beyond our control, such as natural disasters, weather conditions, itinerary modifications due to safety concerns, emergency evacuation, changes in government policies, strikes, and so forth
- Tips for guides, porters, and drivers (Tips are expected and appreciated)





ITINERARY IN DETAIL

Day 1: Kathmandu Arrival (1338m)

Day 2: Kathmandu Sightseeing and trip preparation

Day 3: Drive from Kathmandu to Syabrubesi (1550m) 7 hours

Day 4: Trek Syabrubesi to Lama Hotel (2,380m) 6 hours

Day 5: Trek Lama Hotel to Mundu via Langtang Village (3,430) 6 hours

Day 6: Trek Mundu to Kyanjin Gomba (3,870m) 3 hours

Day 7: Hike Kyanjin Gomba to Kyanjin Ri to Kyanjin Gomba (4,770m) 5 hours

Day 8: Hike Kyanjin Gomba to Tserko Ri (5000m) to Kyanjin Gomba 7 hours

Day 9: Rest Day at Kanjin Gomba

Day 10: Trek Kyanjin Gomba to Yala Kharka Base Camp (4,750m) 5 hours

Day 11: Climb Yala Kharka Base Camp to Yala Peak (5500m) to Kyanjin Gomba (5,500m) 12 hours

Day 12: Trek Kyanjin Gomba to Lama Hotel (2,380m) 6 hours

Day 13: Trek Lama Hotel to Syabrubesi (1550m) 6 hours

Day 14: Drive from Syabrubesi to Kathmandu 7 hours

Day 15: Final Departure / International Flight