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## Rapid Lobuche Peak Climbing - 15 Days

Why visit Nepal? What is Nepal famous for? What are the major attractions for visiting Nepal? The most probable answer to those queries is it is famous for tall mountains, peaks, world heritage sites, ancient religious and cultural monuments, deep and wide Himalayan valleys, colorful hills, and so on.

However, the census reveals that many travelers visit this tiny nation for trekking, mountaineering, and other adventures than others. It is known for the land of Mt. Everest (8848.86m / 29032ft) and seven other eight-thousanders. Not only them but there are also thousands of other high mountains and trekking peaks. Thus, Nepal is a blessed country with world-class mountains. And it is the crystal that is the ultimate destination for every mountain adventurer in the world.

On the way to Lobuche, photo unknown

From the tallest peak in the world (8848.86m) to the smallest Cherko Ri (4,984m), the list of climbing peaks in Nepal is quite long and includes many easy trekking peaks, technical peaks, and high hiking peaks. Among several trekking peaks, the Lobuche peak is the most popular in the Everest region. This package will help you to get information about the Lobuche peak climbing. Let's jump in.

Lobuche Peak is a well-known trekking peak of Nepal that is located in the Khumbu section of Nepal it consists of two faces; Lobuche East (6,119m) and Lobuche West (6,145m). Lobuche Peak lies just above the Lobuche village and Khumbu Glacier. Mt. Everest and Lhotse lie just 13.5 km east of Lobuche Peak.

Of the two faces, the Lobuche East is an easily climbable peak and is considered the trekking peak. Thus, we trek to the Lobuche East during this package. This peak is the best plan for beginners to tick the very first peak climb of their lives. As it is not too difficult to trek the peak, it offers a beautiful yet learnable climbing experience. Climbers scaling Lobuche East can finally move up toward another mountain. Reaching the Lobuche atop is not the end of the adventure but the start of many more climbs.

While climbing from the top, the Island peak offers awe-inspiring views of Mt. Everest, Mt. Lhotse, Mt. Pumori, Nuptse, Ama Dablam, and numerous others.

### IS THIS TRIP SUITABLE FOR YOU?

On the way to Lobuche, photo unknown

This trip is suitable if;



- You want to experience high-altitude trekking or rock climbing experience
- You are physically fit as you walk through glaciers, snow, and ice at sub-zero temperatures.
- You are eager to ascend and descend using fixed ropes at some sections.
- You can walk 5-6 hours each day. During the summit day, a grueling hike of 9 to 11 hours was involved.

## LOBUCHE PEAK CLIMBING ROUTE

Lobuche Peak Climbing ...

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The journey begins with a short flight from Kathmandu to Lukla and then a trek passing via the villages as Phakding, Namche, Tengboche, Dingboche, and ultimately to Lobuche. The trekking trail gets separated from Lobuche where the Everest Base Camp trek route heads towards Gorkeshep, and Lobuche peak's path moves to Lobuche base camp.

The Lobuche peak climbing trail now reaches the Lobuche Base Camp which sits at 4950m. From base camp, the route heads upward just over the Khumbu glacier to approach Lobuche High Camp (5,400m). Now the accommodations will be in the tented camps. Lobuche peak summit climb becomes harder only after high camp.

The path turns steeper after high camp and catches the summit track through a sharp snow ridge. Then, the route turns towards the northwest of the peak where some snow bumps and notches lie. After that is the final summit climb over a steep part towards the summit point. From the summit, we follow the same route of ascent for descending to high camp, base camp, Lobuche, and further to Lukla.



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## PRICE INCLUDES

### Transportation

- Private vehicle: Hotel and airport transfers, sightseeing
- Domestic Flight: Kathmandu – Lukla – Kathmandu

### Accommodation and Food

- Two nights' lodging in Kathmandu in a 3-star category hotel (Twin Sharing)
- Ten nights at the best available local lodge during the trek (Twin Sharing)
- One night accommodation during the climb in the camp at High Camp
- All standard meals (Breakfast, Lunch, and Dinner) throughout the trek and climb
- Available seasonal fruits throughout the trip
- Breakfast in Kathmandu
- Farewell dinner in Kathmandu

### Staff

- A Government licensed English-speaking trekking guide including wages, meals, insurance, lodging, transportation, flight, and other necessary gear & equipment.
- For more than six trekkers, one assistant guide includes wages, meals, insurance, lodging, transportation, flight, and other necessary gear & equipment.
- A porter for two trekkers/ climbers including wages, meals, insurance, lodging, transportation, flight, and other necessary gear & equipment
- A Government licensed English-speaking climbing guide including wages, meals, insurance, lodging, transportation, flight, and other necessary gear & equipment.

### Permits and Taxes

- Sagarmatha National Park Entry Permit
- Khumbu Pasang Lhamu Rural Municipality Entry Permit
- Lobuche East Climbing Permit
- All other government, local taxes, and official expenses

### Additional

- A Gortex (100% Waterproof) Duffle bag to keep your personal belongings to be carried by the porter
- Assistance in arranging rescue operations in case of complicated health conditions (funded by travel insurance)



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- Everest Base Camp trekking map, and t-shirt
- Outward Adventure Appreciation Certificate after the successful trek
- A first aid medicine bag in each group (carried by trekking leader)

## PRICE EXCLUDES

- International Flight Cost
- Nepal Entry Visa Fees
- Extra baggage check-in during the flight (Kathmandu-Lukla-Kathmandu) if more than 15 KG, 01 USD per KG extra, can pay directly to the airline.
- Extra night accommodation in Kathmandu due to early arrival or late departure, or early return from the trek
- Personal expenses such as alcoholic drinks, shopping, snacks, boiled bottle water, hot (Tea/ Coffee) and cold drinks, hot shower, alcohol, Wi-Fi, telephone call, battery re-charge fee, extra porters, etc
- Additional costs suffered due to causes beyond our control, such as natural disasters, weather conditions, itinerary modifications due to safety concerns, emergency evacuation, changes in government policies, strikes, and so forth
- Tips for guides and porters (Tips are expected and appreciated)
- Internet, and phone call unless it is free.



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## ITINERARY IN DETAIL

### Day 1: Kathmandu Arrival (1338m/4390ft)

One of the airport representatives from Outward Adventure Treks and Expedition awaits you to welcome you outside the terminal gate of Tribhuvan International Airport. Upon your arrival, he/she will offer you a garland and shifts you to your hotel via the windy streets of Kathmandu.

As there are no other scheduled programs, can relax in the hotel or just ramble around the streets of Thamel-the tourist hub of Kathmandu.

In the evening, you will meet your trekking leader who shall explore concerning the upcoming journey to Everest Base Camp. You can do the last-minute shopping if some trekking gear and equipment needed from the shops nearby.

### Day 2: Fly Kathmandu to Lukla (2,860 m/9384 ft) and trek to Phakding [2,652 m/8,700 ft]: 9 km/3-4 hours

After an early meal, you will be transferred to the airport for your Lukla flight. Sighted the airborne views of different shrines of Kathmandu valley, you will fly towards the Himalayan section.

The flight is scenic. After 30 minutes' journey, we will be landed over narrow airstrips in Lukla airport. Shortly after we meet our porters and other staff to whom we handover our duffle bags.

A trek begins now. The journey marches towards the Dudh Koshi River. Continuing the journey following the riverbed, we arrive at Phakding. On the way, we encounter a few ups and downs otherwise the way is easier and smooth.

In the peak seasons, the way is busy with trekkers and expeditioners. Animals as donkeys and horses are also seen carrying goods. They carry loads for the residents and visitors in the Khumbu region.

### Day 3: Trek Phakding to Namche (3,440m/11,284ft) - 6 to 7 hours trek

From Phakding, we head northward following the Dudh Koshi River. Trekking continues with the farsighted views of peaks, passing pine, oaks, and rhododendron forests. We are walking in the Sagarmatha National Park following the riverbank. Reaching Jorsalle, the journey descends walking smoothly towards Hillary Bridge. Onwards, we have gradual ups and downs passing lush forests, diverse flora, and fauna.

Now, we have an aerial view of Mt. Everest, Lhotse, and Nuptse. After a short walk, we reach Namche Bazaar-the gateway of Everest. Trekkers are welcomed by the Sherpa people with some refreshment drinks. The views of mountains, landscapes, and vistas are amazing in Namche. It is popularly known as the capital of the Khumbu region. You can get bank services along with ATM, bakery services, supermarkets, pubs, and bars. If you lack some trekking equipment, you can buy it there.

### Day 4: Namche Bazaar: Acclimatization Day (3,440m/11,284ft) - Hike to Everest View Hotel

Acclimatization is very important while trekking in higher altitude. Namche is the best place for acclimatization as the sights around here are spectacular. After having breakfast we will roam around in Namche bazaar and enjoy the view of panoramic peaks. Similarly, we also can hike to Khumjung village and visit Hillary school and a monastery. You can visit Sherpa culture museum and Everest photo gallery as well.

### **Day 5: Trek to Tengboche (3,860m/12,661ft) - 5 to 6 hours trek**

Following the well maintained trekking trails, with the beautiful sceneries of the mountains like Ama Dablam and others, we hike towards Tengboche. This village is popular for its well renowned monastery named Tengboche. We check in the hotel, get relaxed for a while and walk to monasteries and its surroundings.

### **Day 6: Trek to Dingboche (4,410m/14,469ft) - 5 to 6 hours trek**

Initially, we head toward Pangboche (3,985m) village passing through many Stupas, mani walls and small villages. We spectate the up-close magical view of Ama Dablam (6,812m) from here. The trek becomes lighter as we enter the Imja Valley following the Lobuche River.

We descend to the river and climb a steep uphill towards Dingboche (4,360m). The route turns to be quite challenging as we ascend to higher elevation and the decreasing level of the oxygen. Dingboche, as known as the summer valley, comprises a beautiful arrangement of the fields enclosed by stone walls protecting crops like barley, buckwheat and potatoes. The view from Dingboche, to be explained in words, is majestic with a blanket of the Himalayas covering the modest valley.

### **Day 7: Dingboche: Acclimatization Day (4,410m/14,465ft)**

This would be your second acclimatization day that requires about 5-6 hours of trekking to an altitude of 5100m. After breakfast, you ascend Nagerjun (5100m), a hill located on the flanks of the Chhukung valley directly above Dingboche.

The main aim is to climb high and sleep low. The foot path becomes steep at times, resulting in a physically strenuous day. Ascending the hill could take up to 5 hours at altitude. From this altitude there are good views of Lobuche East (6119m), Lobuche West (6145m), Taboche Peak (6367m), Thamserku (6608m), Kangtega (6685m) and Ama Dablam (6856m).

On a clear day, you could even see Makalu, the world's fifth highest mountain, including great views of the Pheriche Valley. After a short rest, you start the descent back to Dingboche and the walk at altitude takes about 2 hours.

### **Day 8: Trek to Lobuche (4,910m/16,105ft) - 5 to 6 hours trek**

We'll now enter into higher elevations via today's trek; due to which the trail tends to become more demanding. We now head to Pheriche Village (4,240m) that harbours Trekkers Aid Post. Equipped with a western volunteer doctor supported by The Himalayan Rescue Association, the aid post extends treatment and consultation to trekkers.

Afterwards, we make a climb to the top of a hillock where a memorial dedicated to trekkers and climbers who lost their lives during Everest expeditions over the years. Finally, we'll advance beyond the pasturelands to Lobuche (4,910m).

This village inhabited by native Sherpas flaunts striking view of Mt. Lobuche, Mt. Pumori and Mt. Nuptse. Get ready to experience the soul shivering extreme cold tonight!!!

### **Day 9: Climb up to High Camp (5,400m/17,712ft) and participate in a pre-climb training - 3 to 4 hours trek**

Now, we leave the main trail of Everest Base Camp and head towards the Lobuche High Camp for expedition. The route of Lobuche High Camp is a bit tricky than the usual trekking route. Our well experienced mountain leader will lead you there safely. We will spend overnight at tented camp there.

### **Day 10: Summit Lobuche East (6,119m/20,070ft) and descend to Pheriche (4,240m/13,911ft) via Thukla Pass - 10 to 11 hours trek/Climbing**

It is our big day. We will achieve what we wanted for a long time. Lobuche stands at 6,119 m above the sea level. Beginning early in the morning, we stand at the top of the peak. Capturing the beautiful sceneries as valley, mountain peaks and others, we trek back to high camp and further to Pheriche where we shall meet our trekking fellows who marched for Everest Base Camp Trek.

### **Day 11: Contingency day in case of bad weather**

Today is scheduled as a contingency day as there can be bad weather conditions in the Himalayas and in case some climbers need more practice and acclimatization for summit push. If so, we climb today and back to Pheriche. If climbed on previous day, we rest there.

### **Day 12: Trek to Namche Bazaar (3,440m/11,286ft) - 7 to 8 hours trek**

On this day, you'll be leaving the high Himalayas behind. You begin your hike after breakfast on a pleasant route compared to the last few days. Most of the day, you'll be walking under the shades of dense rhododendron and juniper forest. If you're lucky, you might witness rare wildlife and birds, including Himalayan griffons, wild goats, musk deer, and pheasants.

Along the way, you'll be walking past several villages, including Tengboche and Phunki Tenga. Once you reach Phunki Tenga, the trail turns into a steep uphill. After ascending for about an hour, the trail descends towards the Dugh Koshi River. Here, you'll cross a small suspension bridge to reach Kyangjuma village.

This small community acts as a junction to three popular trails of the Everest region — Namche Bazaar, Gokyo Valley, and Khumjung Village. Here, you'll follow the trail that leads to the Namche Bazaar for the overnight stay.

### **Day 13: Trek to Lukla (2,840m/9,318ft) - 6 to 7 hours trek**

We'll now enter into higher elevations via today's trek; due to which the trail tends to become more demanding. We now head to Pheriche Village (4,240m) that harbours Trekkers Aid Post. Equipped with a western volunteer doctor supported by The Himalayan Rescue Association, the aid post extends treatment and consultation to trekkers.

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#### **Day 14: Fly back to Kathmandu (1338m/4390ft)**

Leaving the Himalayan vistas, we catch the early mountain flight and fly back to Kathmandu. It is a short yet scenic flight over the mountain peaks, valleys and lush greenies.

#### **Day 15: International Flight (Final Departure)**

This very day marks the end of your adventures in the magical nation of Nepal. We hope that you are genuinely satisfied with our services and expertise. We expect to see you again and share many beautiful moments as we did during this escapade. One of the representatives from Outward Adventure shifts you to airport at least three hours before your scheduled flight.