



Mt. Everest-Lhotse Combined Expedition - 60 Days

The Everest and Lhotse expedition presents a remarkable opportunity to achieve the dual summit of two of the world's highest mountains in a single journey. This expedition is tailored for mountaineers seeking to conquer both **Mt. Everest** (8,848.86 meters) and **Mt. Lhotse** (8,516 meters) along the same route from Khumbu Icefall to South Col (7,890 meters).

It is a cost-effective and acclimatized approach to reaching both peaks, making it an attractive option for mountaineering enthusiasts. The expedition offers breathtaking views of the Himalayan peaks, including **Cho Oyu, Makalu,** and others, as well as the chance to explore the unique high-altitude environment, vibrant settlements, and diverse flora and fauna along the route. It is a popular choice for those looking to add another 8,000-meter mountain to their list and for adrenaline enthusiasts seeking the thrill of conquering two significant peaks in a single journey.

We, **Outward Adventure Treks and Expedition** provide expert guidance and logistical support to ensure a safe and successful experience for mountaineers. The Everest and Lhotse expedition not only provides an exhilarating mountaineering experience but also offers a cost-effective and acclimatized approach to achieving the dual summit of two of the world's highest mountains. It is a journey that promises to be both memorable and rewarding for those with a passion for mountaineering.

A BRIEF INTRODUCTION TO THE MOUNTAINS

Mount Everest (8848.86m)

Mount Everest, the world's highest peak, is located in the Mahalangur Himalayan range on the border between Nepal and Tibet. It has an elevation of 8,848.86 m/29,029 ft above sea level and was first climbed on May 29, 1953, by Tenzing Norgay Sherpa from Nepal and Sir Edmund Hillary from New Zealand via the South Face. Since then, many climbers have followed their steps and summitted Mount Everest, achieving numerous world records in the history of mountaineering.

Mt. Lhotse (8516m)

<u>Lhotse</u>, the world's 4th highest mountain, is located south of Mount Everest and connected with the South Col. The main summit of Lhotse is at 8,516 meters (27,940 feet) above sea level, and it lies on the border between Tibet (China) and the Khumbu region of Nepal. Apart from the main summit, there are two other smaller peaks: Lhotse Middle (East) at 8,414 meters and Lhotse Shar at 8,383 meters





PRICE INCLUDES

- Everest and Lhotse expedition royalty fees (USD 11,000 and 1800).
- Route fixing (SPCC and EOA) fees.
- · Garbage deposit and management fees.
- Expedition Liaison officer wages and fees.
- 1:1 Sherpa guide (Everest and Lhotse Summiter) to climber ratio.
- Service of the Expedition manager at Everest base camp.
- 9 bottles of oxygen (6 for you and 3 for your sherpa) with the use of the latest mask and regulator with an extra regulator and mask.
- · Skill training clinic at the Everest base camp
- An expedition of Lobuche Peak for acclimatization purposes.
- Freshly prepared meals (Breakfast Lunch and Dinner) by our chef at the Everest base camp.
- A wide variety of nutritious high-altitude mountain foods for higher camps.
- Individual box tent, dining tent, kitchen tent, toilet tent, and other logistics.
- Heater, Generator, Shower, and more for your comfort at the base camp.
- High altitude tent for higher camps above base camp
- 5 nights of accommodation at a 5-star hotel in Kathmandu with full broad meals (Breakfast, Lunch, and Dinner).
- All Meals (Breakfast, Lunch, and Dinner) and accommodation during the trekking period and expedition period.
- Satellite communication system.
- Radio set for communication between camps
- Internal domestic airfare (Kathmandu-Lukla-Kathmandu)
- Staffs wages, allowances with their helicopter, and medical insurance.
- Common climbing equipment (rope, Ice Screws, Snow bars, etc).
- Weather report during the entire expedition period.
- Emergency medical supplies with a 24/7 on-call doctor during the entire expedition period.
- A waterproof duffel bag for each climber.
- Everest Summit certificate from the Department of Tourism, Nepal.
- Seasonal fruits throughout the trip.

PRICE EXCLUDES

- International airfare
- Custom for bringing any expedition goods
- Nepal visa fees
- Personal clothing and climbing equipment
- Insurance (Mandatory)
- Summit bonus (USD 2000)
- Gratuities for staff and porters (tips are expected)
- Personal expenses



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- Extra oxygen aside from provided 9 bottle
- Summit Bonus \$2000 (Seperately pay to your climbing leader after successful climb.

