



Address: Boudha, 06 Kathmandu Nepal  
Tel: +977-9842802155, +977-9844956319  
E-Mail: info@outwardadventuretreks.com  
[www.outwardadventuretreks.com](http://www.outwardadventuretreks.com)

## Lobuche Peak and Island Peak Climbing - 23 Days

Lobuche East and Island Peak Climbing is a combined climbing package that fulfills the thirst of climbing both the peaks and trekking to Everest Base Camp. It is one of the most common and challenging trekking peak experiences. If you are keen on climbing then you can try out this trek as it gives you a chance to scale two peaks in a single trip.

This trip offers the climb of two of the most popular trekking peaks in the Everest region in the Himalayas. Climbing the twin summits of Lobuche East and Island in Nepal coupled with reaching the Everest Base Camp Trek makes this expedition a very unique and challenging one.

According to our previous guests, it is the most satisfying and demanding trekking with twin trekking peaks climbing experience in Nepal. Thus, we have professionally planned this expedition itinerary to allow every trekker to have proper acclimatization, resulting in the summit of these two trekking peaks over 6000 meters - Lobuche East Peak 6119m and Island Peak 6189m.

This is an inspirational climb which is also absolutely an attainable goal. Also, the trek takes you through the distant dell of the Imja Tse in the Everest region. Do not miss out on this delightful occasion to have a lifetime involvement in the Himalayas with magnificent practices.

### LOBUCHE EAST CLIMBING

Lobuche East Climbing is one of the most popular peak climbing experiences which introduces to the world of Himalayan mountaineering. Lobuche has twin summit towers that sit high above the moraine of Khumbu Glacier near Everest Base Camp.

Most of the beginners try Lobuche East (6119m) which is a trekking peak and is more straightforward. The West Peak (20,160 feet) is considered a difficult, technical climbing objective. Even so, the journey to the summit comprises stretches of abstemiously vertical and exposed terrain and is an outstanding challenge for both new and veteran climbers.

From the summit, travelers enjoy a dramatic 360° view of the Himalayas, with five of the fourteen 8,000-meter peaks in the earth. These escapade cartels an ascent of Lobuche Peak with the classic trek to Everest Base Camp. For most trekkers, simply seeing Mount Everest from the base of the Khumbu Icefall is a dream come true. Throughout the spring climbing season, this trip includes one night in Everest Base Camp.

### ISLAND PEAK CLIMBING

Island Peak Climbing, is another perfect choice among novice climbers who wish to start their climbing adventures with technical peaks and progress to challenging climbs of higher elevations. Popularly known as Imja Tse, the Island was named due to its striking location. It lies in the heart of the Chukhung Valley - like an island on a sea of ice. Island Peak



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has an extraordinary, highly glaciated west face that increases from the Lhotse Glacier, which is a bit threatening to do, yet the bright views from the summit are surely the right recompense for your efforts.

Island Peak is a challenging climb to its summit above 20,000 feet and needs to be loomed with devotion and respect. Island Reak is an excellent introduction to high-altitude mountaineering and can be looked at as a stepping stone to higher peaks. Island Peak is for those who want to explore the Everest Region, and also want more of a challenge and experience actual mountaineering.

