

Himlung Himal Expedition - 25 Days

Himlung Himal Climbing is a grand adventure located to the north of Manaslu right to the Tibetan border. As this mountain was not opened up to foreigners until the early '90s, which explains why Himlung Himal wasn't climbed until 1992, by a Japanese expedition, is the less explored destination and is untouched by modernization.

Although it was opened late, Himlung Himal has the highest summit success rate among the 7000m expeditions run every year. Thus it is known as one of the climbable peaks with less technical difficulties in western Nepal. It is the best choice to have close-up views of Annapurna and Mansiri (where mt. Manaslu lies) mountain massifs, green valleys, pristine waterfalls, and rural settlements and can be practice summit of 8000m mountains.

An ascent of such mountains will boost your altitude confidence and is an implausible adventure in and of itself in this amazing part of the Himalayas. Make a highly recommended detour off the beaten path to this infrequently visited, Tibetan-influenced region soaked in Buddhism.

Our journey to Himlung mountain begins with a drive to Koto, the beginning point of the trek. This will include the beginning point of the Annapurna Circuit trek (Syange or Dharapani) and the ending point of the Manaslu Circuit trek (Dharapani). Trekking further leaving the main trail of the Annapurna Circuit trek route, we reach at Meta, Kyang, and Phu Gaun – the largest Tibetan settlement in the entire region.

Our base for Himlung Himal will be just above the Tibetan village of Phu Gaon (4250m) in the very isolated and restricted Nar-Phu region of Nepal, which is very away from the more crowded Annapurna trail. There are no roads leading into this region, so the main source of transportation is yak, mule, or porter.

Further trekking, we reach Himlung Himal Base Camp. Being well prepared here, we climb Camp I, II, III, and final summit push. The acclimatization climb will be organized repeatedly. We shall start our training and practice the techniques we will use to reach the summit, including taking it in stages to reach the higher camps.

Spending enough time in the base camp, we set up three higher camps where we can spend time acclimating. Summitting the peak, we climb back to base camp and begin trek again till we reach Koto. Catching the vehicle, we drive back to Kathmandu and end our dream adventure.



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PRICE INCLUDES

Transportation

- Private vehicle: Hotel and airport transfers, sightseeing, and Kathmandu to and Koto to Kathmandu

Accommodation and Food

- 4 nights' accommodation (twin sharing) in Kathmandu in a 4-star category hotel
- 9 nights' accommodation (twin sharing) during the trek in the best available local lodge
- 11 nights' accommodation during the climb in the camp at High Camp
- Breakfast, Lunch, and Dinner throughout the trek and climb
- Seasonal fruits throughout the trek and climb
- Breakfast in Kathmandu
- Farewell dinner in one of the cultural restaurants in Kathmandu

Staff

- An English-speaking Trekking Guide including his/her accommodation, transportation, food, salary, transportation, and insurance
- One assistant guide for every 6 trekkers including their accommodation, transportation, food, salary, transportation, and insurance
- Porters (ratio of 1:2 clients) including their accommodation, transportation, food, salary, transportation, insurance
- A climbing guide including his accommodation, transportation, food, salary, transportation, and insurance

Permits and Taxes

- Annapurna Conservation Area Entry Permit
- Restricted Area Entry Permit
- Himlung Himal Expedition Permit
- All applicable taxes to be paid to the Nepalese government

Extra

- Complimentary four seasons down sleeping bag and down jacket provided for the duration of the trek and climbing
- A Duffel bag (to keep personal belongings to be carried by porter), a down sleeping bag, and down jacket hired for the duration of the trek and climb
- Complimentary Himlung Himal Climbing map, Outward Adventure t-shirt and cap and Climbing Certificate
- Tents for Base Camp, Camp I, Camp II, and Camp III accommodation
- First aid medicine box carried at all times by a guide



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PRICE EXCLUDES

- Personal Travel Insurance
- International Airfare
- Nepal Entry Visa Arrangement
- Personal expenses
- Personal trekking and climbing equipment
- Internet, and phone call unless it is free.

